

3rd International Yoga Day 2017

The 3rd International Yoga Day was celebrated in CMLRE and onboard the Fishery Oceanography Research Vessel (FORV) Sagar Sampada on 21st June 2017. In preparation of the Yoga Day, a two day training session of Yoga was conducted in CMLRE on the 19th and 20th June 2017. The training sessions were taken by Dr. Azad Bose and Dr. Navya of Nethaji Institute of Nature cure and Yoga. The Yoga sessions were attended enthusiastically by the Director, officers and all staff of CMLRE. The sessions were concluded by an awareness talk on the benefits of Yoga by the Director, CMLRE.

Yoga Day celebration at CMLRE



Yoga Day celebration onboard FORV Sagar Sampada

